

# Exercise compassion

“Healing with Teamwork, Compassion and Patient Centric Care.”



## Q2/2020 ISSUE

**SPOT LIGHT:** Meet Susan and read about her story and how a wheelchair changed her life for the better - **pg. 2**

**UNSUNG HERO:** Without our partners our mission to serve the vulnerable population would not be possible. Kaycee and Lily Pharmacy is our Unsung Hero. **pg. 3**

**WHAT'S NEW:** Pioneer Medical Foundation is excited to start the year 2020 off by hitting the ground running and immersing ourselves into the community with many exciting news. **pg. 4**

**PARTNERSHIPS:** We are excited to welcome our new partners. One of our most recent partners have provided us with HPV vaccines, allowing us to expand our services and reach. **pg. 5**

**GETTING INVOLVED:** Pioneer does not accept monetary donations, but gratefully accepts donations of medical equipment, clothing, hygiene products, or food, etc. Get involved today! **pg. 5**

## OUR MISSION

Our mission is to deliver compassionate healthcare at no cost to those individuals who have no access to medical services



*Pioneer Medical Foundation follows the Triple Aim developed by the Institute for Healthcare Improvement for optimizing health system performance. Three Dimensions of the Triple Aim: Improving the patient experience of care (including quality and satisfaction); Improving the health of populations; and reducing the per capita cost of health care.*

# Purpose

## About Us

Pioneer Medical Foundation is an initiative of the Pioneer Medical Group leadership team. The Foundation was established in December of 2015 with a mission to serve the homeless, refugee, uninsured and underinsured adult population with quality free medical care and resources.

We work within the Hillsborough and Pasco counties; our goal is to assist patients to close the loop in the continuum of their care by not only providing medical care but resources to assist with social determinants of health. We are able to achieve this through our partnerships with other organizations who we share the same mission with.

Our Pioneer Medical Foundation team believes that healing should be holistic and encompass the body, mind, and lifestyle of the patient. By fostering relationships in the community, we are able to offer our patients more resources from other organizations. We serve each patient with compassion and ensure they leave our care more informed and equipped. We do not discharge or patients we transition their care to another level of care.

### RESOURCES WE OFFER

- Low cost specialist healthcare/referral
- Free medication – over the counter and prescription
- HIV and STD testing
- Narcan Nasal spray for opiate overdose prevention
- Medication Assistance Programs
- Vaccines Flu, Pneumonia, HPV
- Adult and children's clothing, shoes, underwear
- Hygiene products, blankets, sunscreen, bug repellent
- Non-perishable food items
- Mobile Medical Van/Clinic
- Blood glucose monitoring systems
- Blood pressure cuff's

### REFERRALS

- WIC
- Medicaid
- Feeding America
- Lutheran Services
- Tampa Family Health
- Housing, bus passes
- Department of Health
- Hillsborough County health insurance
- AHEC Tobacco cessation class and medications
- Premier Community Healthcare

# Patient Story

## Spot Light

“Thanks to AdventHealth we were able to provide Susan a new wheelchair, and give her and her husband a better quality of life.”

On a warm December afternoon, Susan came into our free clinic to seek medical attention for intractable pain to her right leg. Susan is homeless and lives on the streets with her loving husband. As they checked in we noticed all the bags and belongings they had on their wheelchair. This was their mode of transportation from location to location. What caught our attention was the state of the wheelchair. All the tires were deflated, you could hear the metal grind on the floor, her shoe was torn on her right foot, which was the side that didn't have a wheel.

She began telling our clinician about her right foot pain that had been progressively getting worse over the past month. Susan noted she had begun taking Motrin and was beginning to have abdominal pain. During the visit

we realized she was using her right foot to paddle the wheelchair forward, which was causing her to rub her shoe on the ground. We had to fix the root cause of her leg pain which was her broken wheelchair.

Fortunately, our clinician managed to dash back to our corporate office to get a wheelchair and take it back to the clinic. We assembled a brand new wheelchair for her to be able to sit and wheel around on her own without having to use her right leg. Not only was this a great addition to her care, but it also allowed her husband to push her and their luggage around with minimal effort

For patients in similar situations, it is life changing to provide these simple resources. Thanks to Advent Health, we were able to provide Susan a new wheelchair, and give her and her husband a better quality of life. After receiving the wheelchair Susan was in tears and has repeatedly thanked us on return visits.



# Lily Pharmacy

## Unsung Hero

Without our partners our mission to serve the vulnerable population would not be possible. It is when we all come together that amazing things happen!



At 16 years old, Kaycee lost her father to cancer. She felt that, instead of concentrating on her father's health, her family had to focus on paying off bills for medications. This experience inspired her to establish a pharmacy and clinic to help patients focus on their medical care rather than their mounting bills. To Kaycee, the patient is not just another number, but a father, a mother, and a family member.

Lily Pharmacy just celebrated their third anniversary on February 28th. So far, Kaycee has partnered with, and provided free to low cost medications to Pioneer Medical Foundation, Tampa Bay Street Medicine, Salvation Army and Tampa Underground.

Kaycee funds the free, or discounted, medications to patients who are unable to pay, directly from Lily Pharmacy's profits. It is always a challenge to sustain this effort as Kaycee has relied entirely on self-funding. In order to continue providing this vital service to our community, Kaycee would like to partner with donors that would like to join her in this noble charitable effort. Lily Pharmacy is a pillar in the community and we need your unwavering support and donations to support this hero.

**CHECK OUT LILY PHARMACY AND PIONEER MEDICAL FOUNDATION ON:**

Bay News 9 – “Everyday Hero”

Those interested in donating funding, medications, or equipment to Lily Pharmacy and Clinic, please contact Kaycee Soltysiaa at 813-632-6200. [alilikoipharmacy@gmail.com](mailto:alilikoipharmacy@gmail.com)

# What's New!

Pioneer Medical Foundation is excited to start the year 2020 off by hitting the ground running and immersing ourselves into the community!



Ano Kashumba APRN-C - Executive Director  
Pioneer Medical Foundation

First big announcement, we are pleased to welcome our new Executive Director, Ano Kashumba APRN-C, who will be leading the Pioneer Medical Foundation team. Ano has worked with Pioneer Medical Group for 5 years and we are so happy to have her joining the Foundation.

*"I am truly humble and honored to lead this initiative. Through Pioneer Medical Foundation, I believe we can bridge the gap of disparities in access to healthcare through innovation and service. My main focus is to make sure that we provide exceptional patient experience, at no cost, and good healthcare outcomes to the population we serve."* - Ano Kashumba, APRN-C.

We would also like to welcome Kathleen Blanco, our new Foundation Coordinator. She was previously a volunteer and is now starting full time as part of the Foundation team.

Already, our team has taken the Mobile Medical Unit van out to locations in Pasco county and has reached over 250 patient encounters in the last two months. We are also very excited about our new partnership with the drug manufacturer Merck and Jo-

hnson and Johnson Foundation, who will be providing 12 month supply prescriptions like Dulera, Xarelto to name a few for free to our patients. This is exciting news, as we serve many patients in great need of these expensive medications.

More good news, we are the second Mobile Medical Unit in the State of Florida to utilize the electronic version of Department of Health Eligibility forms. We are also now using iPads to sign patients in as well as our EHR platform Practice Fusion.

Our readmission clinic at AdventHealth Zephyrhills continues to grow. Patients are able to follow up with us after discharge for medications refills, resources and health education. We provide bus passes, and also assist patients to navigate with specialists follow up at a lower cost. We have expanded this service to AdventHealth Wesley Chapel and hopefully to more hospitals in the near future.

## GOALS FOR 2020

- CONVERTING TO COMPLETE ELECTRONIC EHR CHARTING
- 2,000 PATIENT ENCOUNTERS
- CREATING TEACHING PROGRAMS AND MATERIAL
- INCREASING PATIENT RESOURCES AND CLINIC OUTREACH SITES

# Health Awareness Corner

COVID-19 AWARENESS - 4 TIPS TO BOOST YOUR IMMUNE SYSTEM



1. Proper hand washing
2. Adequate sleep
3. Right amount of exercise
4. Take supplements - Vitamin C & D, Zinc, Turmeric, and Garlic

**Eat your fruits, veggies and seeds! Stay Healthy!**

# Our Partners

Whitout our partners this unbelievable event could not be possible. It is when we all come together that amazing things happen!

Pioneer Medical Foundation is dedicated to bringing together patients and organization within the community and closing the loop in the continuum of healthcare. We are always seeking new venture to create new partnerships.

There are several organizations within the community that have made it possible for Pioneer Medical Foundation to provide quality health care and resources to our patients. Since we do not accept monetary donations, we rely solely on donations and volunteers.

Our most recent partners have provided us with HPV vaccines. This has allowed us to expand our services and reach.

## PARTNER HIGHLIGHTS

**TEAL RECOVERY PROJECT** was created to provide free HPV vaccines. Started by Jessica, who has recovered from cervical cancer herself. So far, the project has been able to raise enough funds for 103 HPV three series vaccines that help protect against certain types of HPV which can lead to cancer or genital warts. Also known by the brand name Gardasil 9, the HPV vaccine protects against: HPV types 16 and 18 — the 2 types that cause 80% of cervical cancer cases.

**TAMPA BAY STREET MEDICINE (TBSM)** recently provided training with the Department of Health Refugee Services/USF on how best to care for refugees in a medical setting. This learning experience has made Pioneer Medical foundation better equipped to care for our patients at Caribe Refugee

## OTHER PARTNERS

### ADVENTHEALTH

- AdventHealth Wesley Chapel Foundation,
- Medical supplies donation
  - Clothing, food and hygiene supplies

### LILY PHARMACY AND CLINIC

- Free medication

### TAMPA BAY STREET MEDICINE/USF COLLEGE OF MEDICINE:

- Medical supplies donation
- Volunteers - USF Medical Students

### CARIBE REFUGE

- Refugee/Asylum Seekers services

### LIFE COMMUNITY CENTER

- Feeding America - Food Drive

### KIC WELLNESS CLINIC

- HIV & STD testing

### TEAL RECOVERY PROJECT

- HPV Vaccine

### BEST ACADEMY

- Volunteers - High School Students

# Thanks!

## SPECIAL THANKS TO OUR MEDICAL STAFF

**Dr. Masood Khan, MD** – who takes time out of his busy schedule to volunteer at our outreach clinics.

**Carmel Alamban, APRN** – who came out to help out at MLK Day of Service on a Saturday.

**Dr. Irfan Ali, MD** – for his dedication to Pioneer Medical Foundation and our team.

**Cleiton Goncalves, MBA** – for his support with the Pioneer Medical Foundation Newsletter Graphic Design.



Dr. Masood Khan, MD.



Carmel Alamban, APRN.



Dr. Irfan Ali, MD.

# We need you Get Involved

Pioneer does not accept monetary donations, but gratefully accepts donations of medical equipment, clothing, hygiene products, or food, etc.

We also welcome anyone who would like to join us out in the community, and volunteer their time with our Foundation Mobile Medical Unit, or any event we may hold. No medical knowledge is needed to volunteer. However, our hands on training is a great learning experience for all our volunteers.



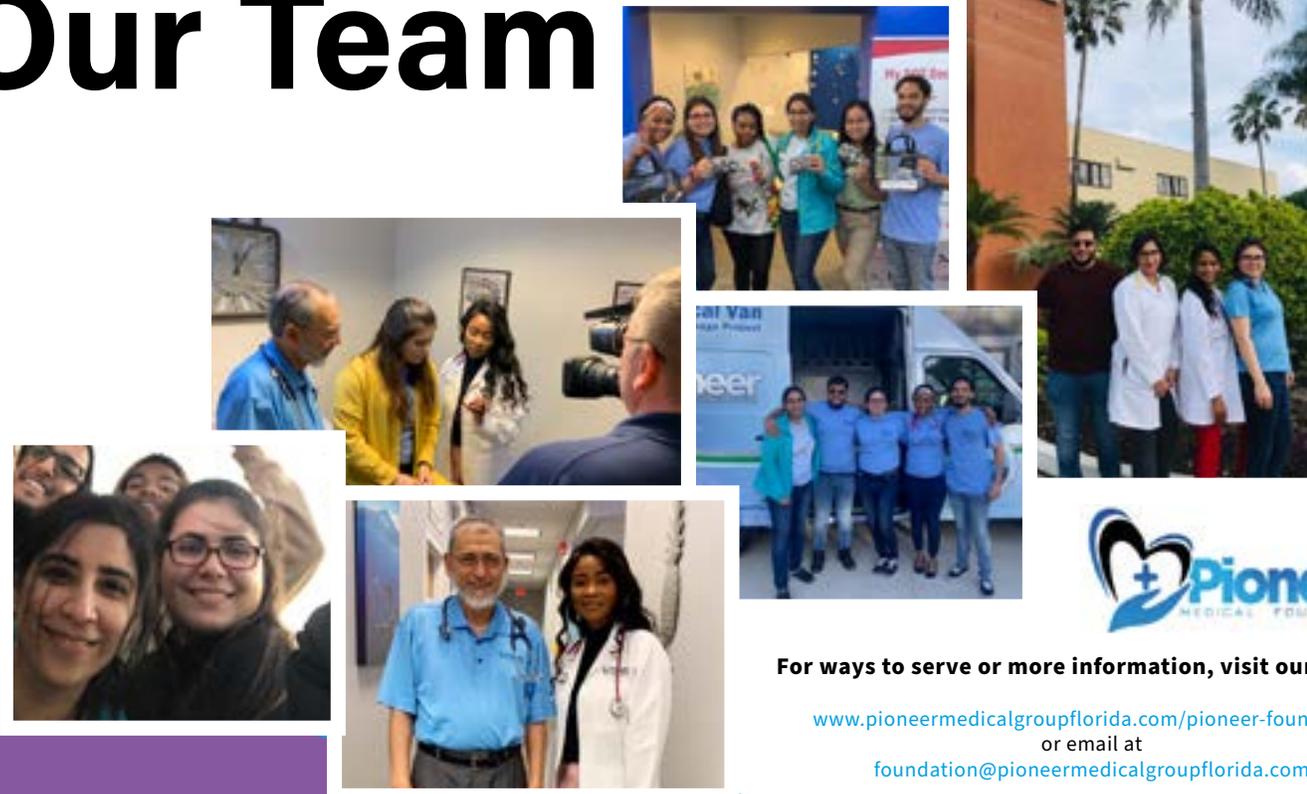
## CLINIC OUTREACH SITES\*

- AdventHealth Zephyrhills
- Lily Pharmacy and Clinic
- Downtown street run
- Caribe Erwin Tech
- Caribe Mission Hills
- Caribe Lutheran Services
- Caribe Lois
- Caribe UACC
- Life Community Center

## OUR VOLUNTEERS

- Physicians
- Specialists
- Nurse Practitioners
- PA's
- Social Workers
- C-suite
- Students – high school, undergrad, medical
- Anyone

# Commitment Our Team



For ways to serve or more information, visit our website

[www.pioneermedicalgroupflorida.com/pioneer-foundation](http://www.pioneermedicalgroupflorida.com/pioneer-foundation)  
or email at

[foundation@pioneermedicalgroupflorida.com](mailto:foundation@pioneermedicalgroupflorida.com)